



SPA SERVICES

AURA

SPA & BEM-ESTAR



Welcome to

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Personalize your experience by choosing one of our three exclusive essential oil blends:

Relief & Vitality

Refreshing and invigorating, it **relieves muscle tension, restores your energy, and awakens focus and vitality.** A balanced blend of peppermint, rosemary, lavender, and soothing Brazilian copaíba.

Relaxation & Serenity

Floral and lightly woody, it **reduces stress, calms the mind, and fosters a profound state of tranquility,** promoting a restful night's sleep. A delicate blend of Ho Wood, lavender, and Brazilian copaíba.

Joy & Confidence

Vibrant and comforting, it **inspires optimism, boosts self-confidence, and promotes immediate well-being.** A striking blend of sweet orange, lavender, and ylang-ylang.



Aura Experiences

Aura Massage

30m - R\$ 172 | 1h - R\$ 229 | 1h30m - R\$ 335

Our Signature Massage offers a unique experience of connection between body and mind. Deep and complete, it combines tension-relieving pressure with continuous, flowing movements, providing absolute relaxation. The treatment covers the entire body, with a special focus on the back and neck, while also promoting lightness and comfort in the arms and legs.

Candle Aura

1h - R\$ 253

Our exclusive Aura Massage elevated to a new level of comfort. Performed with special candles, the heated oil envelops the skin, enhancing tension relief and providing a sensory experience of absolute well-being and deep relaxation.

Jet Lag Aura

1h20m - R\$ 346

Created to realign body and mind after travel or intense routines. It combines precise pressure, stretching, and the therapeutic heat of hot stones to release accumulated tension. The use of the stones accelerates the recovery of inner balance, relieving muscle fatigue and restoring lightness to the body. The result is an immediate sensation of mental clarity and renewal.

Abhyanga Massage

50m - R\$ 276

An Ayurvedic technique performed with warm oils personalized for your moment. It provides intense nourishment to the skin, harmonizes vital energy, and awakens inner serenity. Its continuous, flowing movements encourage a relaxing connection throughout the entire body.

Hot Stone Massage

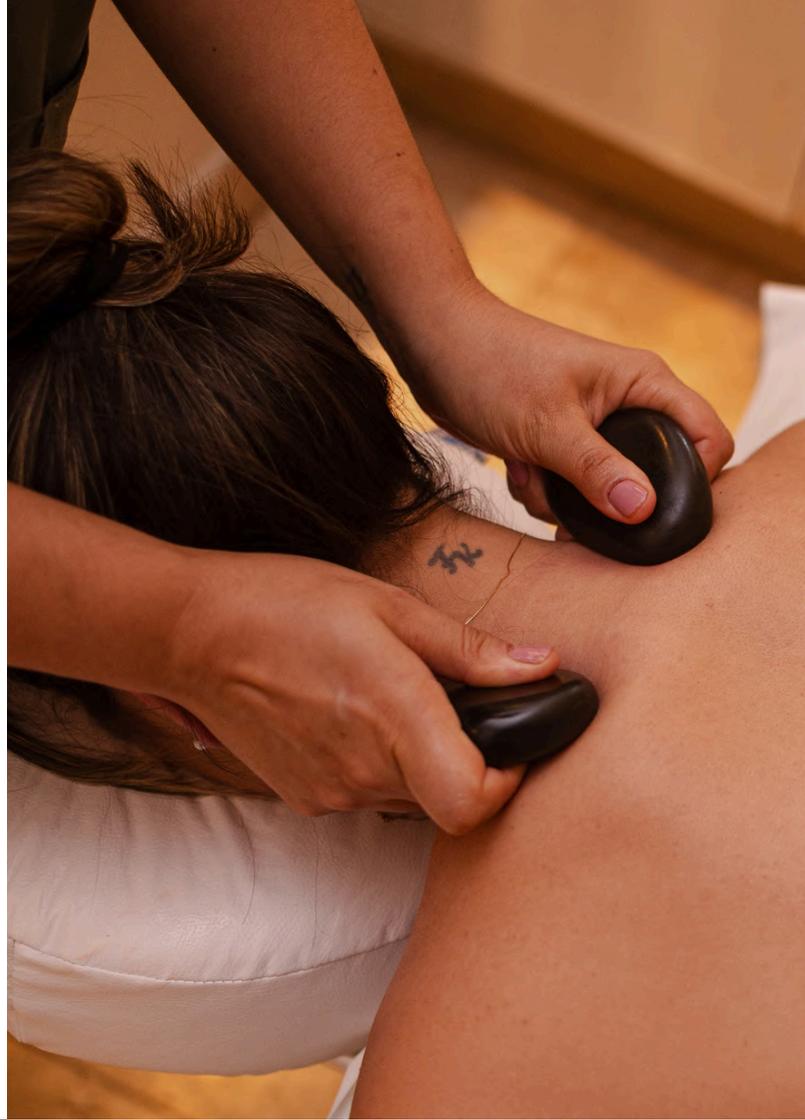
1h10m - R\$ 276

Combining massage maneuvers with the heat of warmed stones, this technique promotes deep relaxation and dissolves tension. It envelops the body in comfort, calms the mind, and is highly recommended to relieve stress and encourage restful sleep.

Revitalizing Massage

1h10m - R\$ 276

Combining intense movements and stretching, this massage releases the musculature, improves blood circulation, and dissolves tension knots. The result is a profound experience of relaxation that renews body and mind and restores a sense of well-being.



Body Lymphatic Drainage

1h - R\$ 205

A gentle and precise touch that stimulates circulation, reduces swelling, and promotes an immediate feeling of lightness. More than aesthetic care, it is a wellness-focused technique, aiding in detoxification, revitalization, and restoring the body's fluidity and natural balance.

Body Detox

1h - R\$ 205

A revitalizing treatment that begins with a body scrub based on aromatic plants and vegetable oil, followed by nourishing hydration. It improves skin texture and elasticity, removes dead cells, stimulates blood circulation, and promotes a pleasant sensation of lightness and well-being.

Leg Relief Massage

30m - R\$ 195

Performed with essential and vegetable oils, it travels from the thighs to the feet. It stimulates circulation, encourages lymphatic drainage, and provides immediate relief from the sensation of heavy legs.

Muscle Relief Massage

30m - R\$ 195

An exclusive technique to relieve tension in the back, shoulders, and arms. It combines deep maneuvers with a gentle cranial massage, finishing with stretches that completely restore the body's balance.

Shiatsu

1h - R\$ 276

An Eastern therapy that seeks to restore the body's balance and promote holistic well-being. It relies on applying pressure with hands and fingers to vital points, activating internal energy and supporting physical and emotional health.

Cupping Therapy

30m - R\$ 140

An ancient technique of traditional Chinese medicine, applied through the vacuum of the cups, which releases deep tension, stimulates circulation, and restores the body's vital flow.

Aura Add-ons

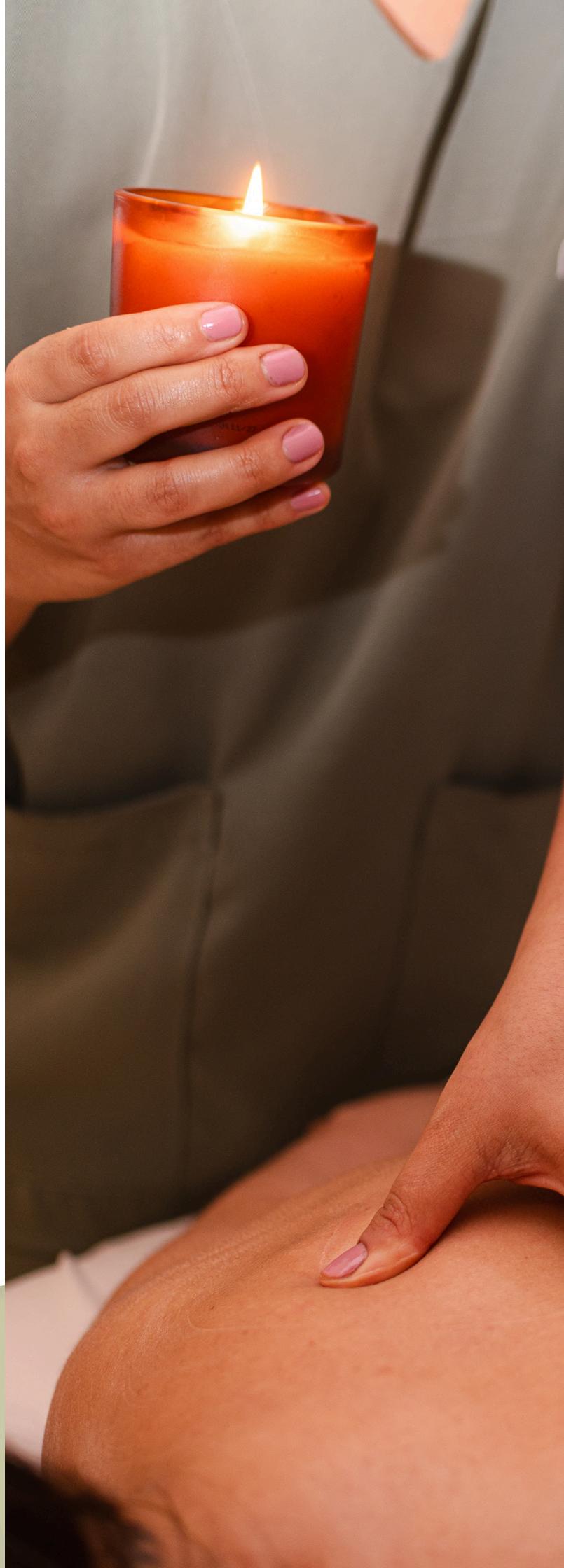
Hot Stones: + R\$ 60

Candles + R\$ 90

Pool: + R\$ 100 (up to 2 hours of use)

Sauna: + R\$ 100 (up to 1 hour of use)

The use of the pool and sauna is complimentary for K Hotel guests.



Aura Deep Cleansing Facial

1h30m - R\$ 249

Deep revitalization with cleansing, extraction, and facial detoxification. Your well-being is completed with a relaxing hand and foot massage.

Revitalizing Facial Mask

30m - R\$ 150

An ancient tradition that purifies and remineralizes, restoring your natural freshness. Clay therapy ensures deeply renewed skin with a velvety touch.

Aromatic Cranial Massage

30m - R\$ 104

Combines movements and stretching from the neckline to the scalp with draining facial touches. It dissolves tension, promoting balance and mental clarity.

Quick Massage

20m - R\$ 92

Practical and invigorating, ideal for fast-paced routines. It relieves tension in just a few minutes and uses aromatherapy for immediate and deep relaxation.

Foot Care

Foot Reflexology

30m - R\$ 184

Stimulates reflex points on the feet to restore the energy flow corresponding to the body's organs. A natural therapy that restores physical and emotional balance.

Foot Bath Ritual (*Escalda pés*)

20m - R\$ 92

A ritual with aromatic waters and a relaxing foot massage. Accompanied by a special tea tasting, promoting serenity and comfort from the inside out.

Hand and Foot Spa

40m - R\$ 172

A treatment that combines renewing exfoliation and nourishing hydration, followed by a relaxing massage on the hands and feet. It provides lightness, tension relief, and a visible improvement in skin texture.

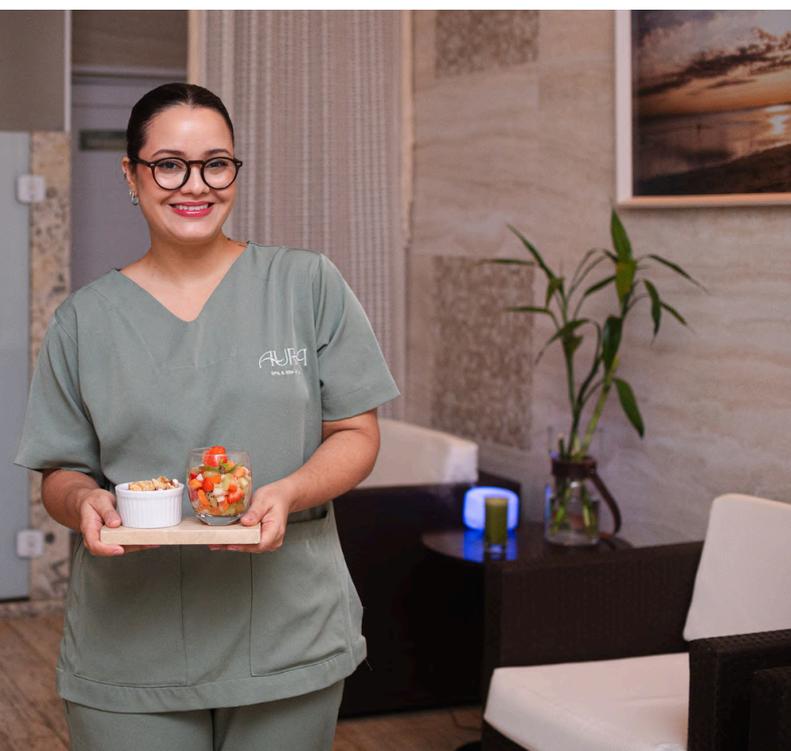


Day Spa

Day Spa Aura

2h40m - R\$ 693

An unforgettable experience of connection and balance. It includes a welcome ritual, a revitalizing face mask, and an express body scrub. Next, the exclusive Aura Bath leads to absolute serenity, preparing the body for the enveloping Candle Aura massage. The journey ends with a delicious tasting of detox juice, fruit salad, and mixed Brazilian nuts.



Harmony Day Spa

2h20m - R\$ 560

A moment of pure well-being. It begins with a welcome ritual and a clay facial mask. Following this, the Equilibrium Bath prepares the body for the therapeutic heat and comforting intensity of the Hot Stone massage. Includes a special tasting of detox juice, fruit salad, and mixed Brazilian nuts.

Deep Relief Day Spa

1h10m - R\$ 304

Ideal for those seeking immediate well-being and renewed lightness. The welcome ritual precedes the Muscle Relief Massage, which releases intense tension. The experience is enhanced by ancient Cupping Therapy, which activates circulation and restores the flow of vital energy.

Serenity Day Spa

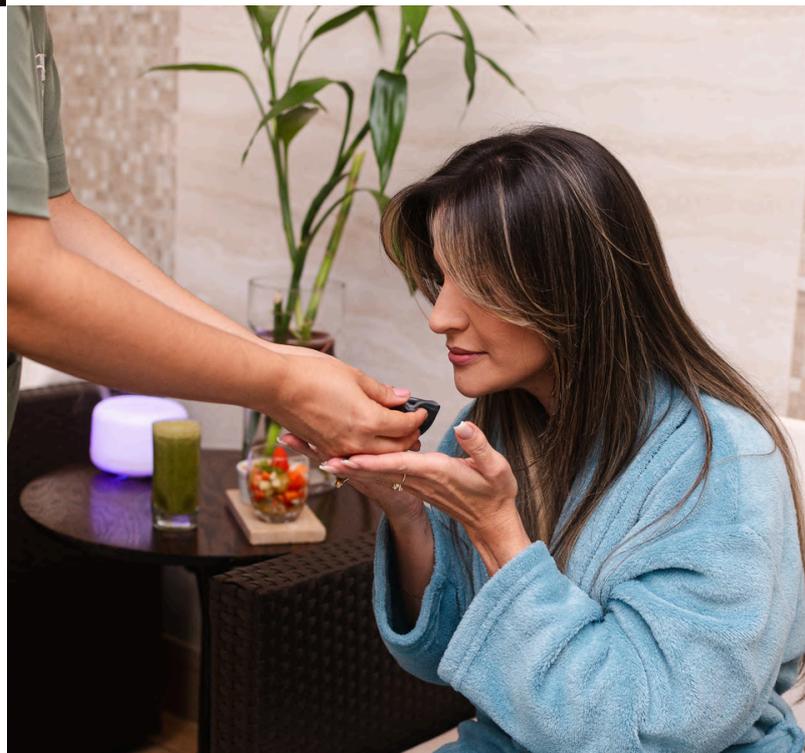
1h40m - R\$ 394

A strategic pause for body and mind, beginning with our welcome ritual. Following this, the Equilibrium Bath with hydromassage and chromotherapy prepares you for the exclusive Aura Massage, concluding the experience in a relaxing and comforting way.

Amore Day Spa

1h40m - R\$ 918 per couple

Created to celebrate moments together. After the welcome ritual, the couple enjoys the immersive Ylang Ylang bath with chromotherapy, followed by the comforting Candle Aura massage. This experience includes a bottle of Chandon and mixed Brazilian nuts.





Aura Kids

For children up to 12 years old

Kids Day Spa

1h40m - R\$ 374

A unique moment of fun and relaxation. This journey combines the natural care of a clay mask with the lightness of a bubble bath, concluding with gentle, comforting touches that ensure complete well-being for the child.

Kids Relaxing Massage

30m - R\$ 114

Gentle touches that convey absolute serenity. More than simply relieving restlessness, it is a moment dedicated to comforting, deeply relaxing, and awakening the importance and joy of self-care from an early age.

Therapeutic Baths

Aura Bath

30m - R\$ 198

Relaxing and comforting, it envelops the body, releases tension, revitalizes, and calms the mind. An embrace in the form of a bath, featuring a blend of lavender essential oils that promotes deep rest.

Equilibrium Bath

30m - R\$ 165

Refreshing and invigorating, it combines peppermint essential oil in a blend that renews the body, awakens vitality, and restores inner clarity. A bath to balance, energize, and renew.

Ylang Ylang Bath

30m - R\$ 198

An aromatic immersion with ylang-ylang essential oils that awakens softness, inner confidence, and a connection with inner beauty. An invitation to self-love in the form of a bath.



AURA

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Opening Hours:

Monday to Friday: 1:00 PM – 9:00 PM

Saturday: 8:00 AM – 6:00 PM

Sundays & Holidays: 8:00 AM – 12:00 PM



**Scan the QR Code to
book your experience:**

 (62) 3997-9036

 @auraspagoiania

Complimentary valet parking for spa guests

Av. Dep. Jamel Cecílio, 2550, Jardim Goiás, Goiânia-GO | Located inside K Hotel